

Number of Days: \_\_\_\_\_ Seniors Portion: \$11.50/day  
\_\_\_\_\_ Regular Portions: \$15.00/day  
Dinner for 2 options available



Sub-Total \_\_\_\_\_ GST 5%: \_\_\_\_\_  
Total Due: \_\_\_\_\_

Name: \_\_\_\_\_  
Phone Number: \_\_\_\_\_  
Delivery Address: \_\_\_\_\_  
Billing Address: \_\_\_\_\_  
Allergies: \_\_\_\_\_  
Medically required diet: \_\_\_\_\_  
Medical conditions: \_\_\_\_\_  
What is your favorite food: \_\_\_\_\_  
Payment Method: \_\_\_\_\_  
                           Cheque (make cheques payable to Gordon Trodd)  
                           Cash  
                           Credit Card    Use card on file      
Name on Card: \_\_\_\_\_  
Card Number: \_\_\_\_\_  
CVV: \_\_\_\_\_  
Expiry Date: \_\_\_\_\_  
Automatically charge this card for future billings: Yes  No

BadlandsElderCare

# REAL FOOD



Hand raised on the farm,  
Meals prepared with care,  
Delivered daily to your door.

For more information

Call: 403-820-4646 or

403-334-0005

Email: info@badlandselder.com



WEEK ORDERED: \_\_\_\_\_

CLIENT NAME: \_\_\_\_\_

PORTION SIZE: \_\_\_\_\_

**MENU #3****B  
R  
E  
A  
K  
F  
A  
S  
T****L  
U  
N  
C  
H****D  
I  
N  
N  
E  
R****B  
E  
V  
E  
R  
A  
G  
E  
S**

Monday	Tuesday	Wednesday	Thursday	Friday
Choose one <input type="checkbox"/> Cold Cereal with milk <input type="checkbox"/> Yogurt , Granola, Fruit <input type="checkbox"/> Hot Oatmeal Package Choose one <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Banana Choose one <input type="checkbox"/> Bran Muffin <input type="checkbox"/> Croissant with jams	Choose one <input type="checkbox"/> Cold Cereal with milk <input type="checkbox"/> Yogurt , Granola, Fruit <input type="checkbox"/> Hot Oatmeal Package Choose one <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Banana Choose one <input type="checkbox"/> Bran Muffin <input type="checkbox"/> Croissant with jams	Choose one <input type="checkbox"/> Cold Cereal with milk <input type="checkbox"/> Yogurt , Granola, Fruit <input type="checkbox"/> Hot Oatmeal Package Choose one <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Banana Choose one <input type="checkbox"/> Bran Muffin <input type="checkbox"/> Croissant with jams	Choose one <input type="checkbox"/> Cold Cereal with milk <input type="checkbox"/> Yogurt , Granola, Fruit <input type="checkbox"/> Hot Oatmeal Package Choose one <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Banana Choose one <input type="checkbox"/> Bran Muffin <input type="checkbox"/> Croissant with jams	Choose one <input type="checkbox"/> Cold Cereal with milk <input type="checkbox"/> Yogurt , Granola, Fruit <input type="checkbox"/> Hot Oatmeal Package Choose one <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Banana Choose one <input type="checkbox"/> Bran Muffin <input type="checkbox"/> Croissant with jams
Choose one <input type="checkbox"/> Beef Barley Soup <input type="checkbox"/> Coleslaw Choose one <input type="checkbox"/> Egg Salad Sandwich <input type="checkbox"/> Ham and Cheese Sandwich Bread Selection <input type="checkbox"/> White Bread <input type="checkbox"/> Multigrain <input type="checkbox"/> Brown	Choose one <input type="checkbox"/> Potato Soup <input type="checkbox"/> Garden Salad <input type="checkbox"/> Ranch <input type="checkbox"/> Thousand island <input type="checkbox"/> Italian Choose one <input type="checkbox"/> Egg Salad Sandwich <input type="checkbox"/> Roast Pork Sandwich Bread Selection <input type="checkbox"/> White Bread <input type="checkbox"/> Multigrain <input type="checkbox"/> Brown	Choose one <input type="checkbox"/> Chicken Noodle Soup <input type="checkbox"/> Coleslaw Choose one <input type="checkbox"/> Tuna Salad Sandwich <input type="checkbox"/> Ham and Cheese Sandwich Bread Selection <input type="checkbox"/> White Bread <input type="checkbox"/> Multigrain <input type="checkbox"/> Brown	Choose one <input type="checkbox"/> Split Pea Soup <input type="checkbox"/> Garden Salad <input type="checkbox"/> Ranch <input type="checkbox"/> Thousand island <input type="checkbox"/> Italian Choose one <input type="checkbox"/> Tuna Salad Sandwich <input type="checkbox"/> Roast Pork Sandwich Bread Selection <input type="checkbox"/> White Bread <input type="checkbox"/> Multigrain <input type="checkbox"/> Brown	Choose one <input type="checkbox"/> Mushroom Soup <input type="checkbox"/> Caesar Salad Choose one <input type="checkbox"/> Roast Beef Sandwich <input type="checkbox"/> Chicken Salad Sandwich Bread Selection <input type="checkbox"/> White Bread <input type="checkbox"/> Multigrain <input type="checkbox"/> Brown
Choose one <input type="checkbox"/> Wieners and Beans With Fresh Baked Roll <input type="checkbox"/> BBQ Pork Ribs with Baked Beans and Fresh Baked Roll Choose one <input type="checkbox"/> Fresh Fruit Salad <input type="checkbox"/> Strawberry Crisp	Choose one <input type="checkbox"/> Roast Chicken dinner with mashed potatoes, cranberry sauce, stuffing and garden vegetables <input type="checkbox"/> Chef's Salad <input type="checkbox"/> Ranch <input type="checkbox"/> Thousand island <input type="checkbox"/> Italian Choose one <input type="checkbox"/> Fresh Fruit Salad <input type="checkbox"/> Chocolate Cake	Choose one <input type="checkbox"/> Chicken and Creamy Garlic Mushroom Sauce With Rice and Garden Vegetables <input type="checkbox"/> Liver and Onions with Mashed Potato and Garden Vegetables Choose one <input type="checkbox"/> Fresh Fruit Salad <input type="checkbox"/> Banana Bread	Choose one <input type="checkbox"/> Macaroni and Cheese with Stewed Tomatoes <input type="checkbox"/> Bangers and Mashed Potato with homemade creamed corn Choose one <input type="checkbox"/> Fresh Fruit Salad <input type="checkbox"/> Rice Krispie Square	Choose one <input type="checkbox"/> Baked Salmon with veggie pouch <input type="checkbox"/> Sweet and Sour Pork with Rice and vegetables Choose one <input type="checkbox"/> Fresh Fruit Salad <input type="checkbox"/> Apple Pie
Daily Beverages (1 per meal) QTY _____ Orange Juice QTY _____ Apple Juice QTY _____ Cranberry Juice QTY _____ Milk	Daily Beverages (1 per meal) QTY _____ Orange Juice QTY _____ Apple Juice QTY _____ Cranberry Juice QTY _____ Milk	Daily Beverages (1 per meal) QTY _____ Orange Juice QTY _____ Apple Juice QTY _____ Cranberry Juice QTY _____ Milk	Daily Beverages (1 per meal) QTY _____ Orange Juice QTY _____ Apple Juice QTY _____ Cranberry Juice QTY _____ Milk	Daily Beverages (1 per meal) QTY _____ Orange Juice QTY _____ Apple Juice QTY _____ Cranberry Juice QTY _____ Milk