

Number of Days: \_\_\_\_\_ Seniors Portion: \$11.50/day  
Regular Portions: \$15.00/day  
Dinner for 2 options available



Sub-Total \_\_\_\_\_ GST 5%: \_\_\_\_\_

Total Due: \_\_\_\_\_

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Delivery Address: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Allergies: \_\_\_\_\_

Medically required diet: \_\_\_\_\_

Medical conditions: \_\_\_\_\_

What is your favorite food: \_\_\_\_\_

Payment Method: \_\_\_\_\_  
Cheque (make cheques payable to Gordon Trodd)  
Cash  
Credit Card Use card on file \_\_\_\_\_

Name on Card: \_\_\_\_\_

Card Number: \_\_\_\_\_  
CVV: \_\_\_\_\_

Expiry Date: \_\_\_\_\_

Automatically charge this card for future billings: Yes \_\_\_ No \_\_\_



BadlandsElderCare

# REAL FOOD



Hand raised on the farm,  
Meals prepared with care,  
Delivered daily to your door.

For more information  
Call: 403-820-4646 or  
403-334-0005

Email: [info@badlandseldercare.com](mailto:info@badlandseldercare.com)

WEEK ORDERED: \_\_\_\_\_

CLIENT NAME: \_\_\_\_\_

PORTION SIZE: \_\_\_\_\_

**MENU #4****B  
R  
E  
A  
K  
F  
A  
S  
T****L  
U  
N  
C  
H****D  
I  
N  
N  
E  
R****B  
E  
V  
E  
R  
A  
G  
E  
S**

Monday	Tuesday	Wednesday	Thursday	Friday
Choose one <input type="checkbox"/> Cold Cereal with milk <input type="checkbox"/> Yogurt , Granola, Fruit <input type="checkbox"/> Hot Oatmeal Package Choose one <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Banana Choose one <input type="checkbox"/> Bran Muffin <input type="checkbox"/> Croissant with jams	Choose one <input type="checkbox"/> Cold Cereal with milk <input type="checkbox"/> Yogurt , Granola, Fruit <input type="checkbox"/> Hot Oatmeal Package Choose one <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Banana Choose one <input type="checkbox"/> Bran Muffin <input type="checkbox"/> Croissant with jams	Choose one <input type="checkbox"/> Cold Cereal with milk <input type="checkbox"/> Yogurt , Granola, Fruit <input type="checkbox"/> Hot Oatmeal Package Choose one <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Banana Choose one <input type="checkbox"/> Bran Muffin <input type="checkbox"/> Croissant with jams	Choose one <input type="checkbox"/> Cold Cereal with milk <input type="checkbox"/> Yogurt , Granola, Fruit <input type="checkbox"/> Hot Oatmeal Package Choose one <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Banana Choose one <input type="checkbox"/> Bran Muffin <input type="checkbox"/> Croissant with jams	Choose one <input type="checkbox"/> Cold Cereal with milk <input type="checkbox"/> Yogurt , Granola, Fruit <input type="checkbox"/> Hot Oatmeal Package Choose one <input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Banana Choose one <input type="checkbox"/> Bran Muffin <input type="checkbox"/> Croissant with jams
Choose one <input type="checkbox"/> Chicken Noodle Soup <input type="checkbox"/> Caesar Salad Choose one <input type="checkbox"/> Chicken Salad Sandwich <input type="checkbox"/> Roast Beef Sandwich Bread Selection <input type="checkbox"/> White Bread <input type="checkbox"/> Multigrain <input type="checkbox"/> Brown	Choose one <input type="checkbox"/> Split Pea Soup <input type="checkbox"/> Garden Salad <input type="checkbox"/> Ranch <input type="checkbox"/> Thousand island <input type="checkbox"/> Italian Choose one <input type="checkbox"/> Chicken Salad Sandwich <input type="checkbox"/> Ham and Cheese Sandwich Bread Selection <input type="checkbox"/> White Bread <input type="checkbox"/> Multigrain <input type="checkbox"/> Brown	Choose one <input type="checkbox"/> Mushroom Soup <input type="checkbox"/> Caesar Salad Choose one <input type="checkbox"/> Egg Salad Sandwich <input type="checkbox"/> Roast Beef Sandwich Bread Selection <input type="checkbox"/> White Bread <input type="checkbox"/> Multigrain <input type="checkbox"/> Brown	Choose one <input type="checkbox"/> Beef Barley Soup <input type="checkbox"/> Garden Salad <input type="checkbox"/> Ranch <input type="checkbox"/> Thousand island <input type="checkbox"/> Italian Choose one <input type="checkbox"/> Egg Salad Sandwich <input type="checkbox"/> Ham and Cheese Sandwich Bread Selection <input type="checkbox"/> White Bread <input type="checkbox"/> Multigrain <input type="checkbox"/> Brown	Choose one <input type="checkbox"/> Potato Soup <input type="checkbox"/> Coleslaw Choose One: <input type="checkbox"/> Roast Pork Sandwich <input type="checkbox"/> Tuna Salad Sandwich Bread Selection <input type="checkbox"/> White Bread <input type="checkbox"/> Multigrain <input type="checkbox"/> Brown
Choose one <input type="checkbox"/> Chicken Stew with Fresh Baked Roll <input type="checkbox"/> Beef Stroganoff with Egg Noodles and Fresh Baked Roll Choose one <input type="checkbox"/> Fresh Fruit Salad <input type="checkbox"/> Strawberry Crisp	Choose one <input type="checkbox"/> Chicken and Linguini with tomato/basil Sauce and Fresh Baked Roll <input type="checkbox"/> Salisbury Steak with mashed potato and garden vegetables Choose one <input type="checkbox"/> Fresh Fruit Salad <input type="checkbox"/> Chocolate Cake	Choose one <input type="checkbox"/> Baked Chicken Thighs with Garden Vegetables. Choose one <input type="checkbox"/> Rice <input type="checkbox"/> Mashed Potato <input type="checkbox"/> Baked potato <input type="checkbox"/> Liver and onions with mashed potato and garden vegetables Choose one <input type="checkbox"/> Fresh Fruit Salad <input type="checkbox"/> Banana Bread	Choose one <input type="checkbox"/> Ham and Scalloped Potatoes <input type="checkbox"/> Chef's Salad <input type="checkbox"/> Ranch <input type="checkbox"/> Thousand island <input type="checkbox"/> Italian Choose one <input type="checkbox"/> Fresh Fruit Salad <input type="checkbox"/> Rice Krispie Square	Choose one <input type="checkbox"/> Baked Salmon with veggie pouch <input type="checkbox"/> Lasagna with Fresh Baked Roll Choose one <input type="checkbox"/> Fresh Fruit Salad <input type="checkbox"/> Apple Pie
Daily Beverages (1 per meal) QTY _____ Orange Juice QTY _____ Apple Juice QTY _____ Cranberry Juice QTY _____ Milk	Daily Beverages (1 per meal) QTY _____ Orange Juice QTY _____ Apple Juice QTY _____ Cranberry Juice QTY _____ Milk	Daily Beverages (1 per meal) QTY _____ Orange Juice QTY _____ Apple Juice QTY _____ Cranberry Juice QTY _____ Milk	Daily Beverages (1 per meal) QTY _____ Orange Juice QTY _____ Apple Juice QTY _____ Cranberry Juice QTY _____ Milk	Daily Beverages (1 per meal) QTY _____ Orange Juice QTY _____ Apple Juice QTY _____ Cranberry Juice QTY _____ Milk